About Nurturing Fathers Program

https://nurturingfathers.com/

https://nurturingfathers.com/training/scheduled-trainings/

The Nurturing Fathers Program is an evidence - based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2 ½ hour class provides proven, effective skills for healthy family relationships and child development.

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Week #2	**Self-Nurturing Skills I: Fathering "The Little Boy Within"**
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Week#4	**The World of Feelings and Male Nurturance**
Week#5	**The Power To Nurture: Fathering without Violence or Fear**
Week#6	**Overcoming Barriers to Nurturing Fathering: Anger, Alcohol/Other Substances, and Stress**
Week#7	**Discipline and Fun & Games**
Week#8	**Playshop: Fun & Games for Fathers and Their Children**
Week#9	**Nurturing Relationships I: Fathering Sons / Fathering Daughters**
Week#10	**Nurturing Relationships II: Teamwork between Father and Spouse/Co-parent**
Week#11	**A Time and Place for Fathering**
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