

many voices, one movement

# FIRST GENERATION

arts and youth leadership

Name \_\_\_\_\_

- ❖ Take your time! Please complete sentences and write as much as you want.
- ❖ Please **make your answers TRUTHFUL, COMPLEX, UNIQUE, INTERESTING!**
- ❖ Please **do NOT use GENERIC, BORING, EASY WORDS** like, “nice, good, happy, ok.”
- ❖ Share your ***truth*** and ***speak your mind !!***

Today I am \_\_\_\_\_

Tomorrow I will be \_\_\_\_\_

I wish I could \_\_\_\_\_

I believe \_\_\_\_\_

I will never \_\_\_\_\_

People think I am \_\_\_\_\_

But really I am \_\_\_\_\_

I plan to \_\_\_\_\_

I love when \_\_\_\_\_

I hate when \_\_\_\_\_

I know that \_\_\_\_\_

I am afraid of \_\_\_\_\_

My family is from \_\_\_\_\_

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My family was \_\_\_\_\_

Now my family is \_\_\_\_\_

My family believes \_\_\_\_\_

BUT, I believe \_\_\_\_\_

My mother was \_\_\_\_\_

Now my mother is \_\_\_\_\_

My father was \_\_\_\_\_

Now my father is \_\_\_\_\_

My grandmother was/is \_\_\_\_\_

My grandfather was/is \_\_\_\_\_

I am just like my family when I \_\_\_\_\_

I am different from my family because I \_\_\_\_\_

I am the first in my family to \_\_\_\_\_

I am the first in my family to \_\_\_\_\_

My favorite person in the whole world is \_\_\_\_\_

Because \_\_\_\_\_

I get my power from \_\_\_\_\_

I get my power from \_\_\_\_\_

I get my power from \_\_\_\_\_

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## PART 2

### WHERE DO I FIND MY POWER?

Do you have a memory, a moment or an experience that can be a source of power for you.

Try to think of a moment when you felt or powerful.

Sometimes this can be a moment when you felt very safe and loved, or full of excitement, or very connected to someone.

That moment could be a source of power to you.

### EXAMPLES of past answers:

I find my power in the smile of my grandmother's eyes

I find my power in my little sister's laugh

I find my power in the memory of the times my uncle took me fishing

I find my power in my music

I get my power from my mind

I find my power in an ice cream cone on a 100 degree day.

Please write here: